

What Does a Dentist Do?

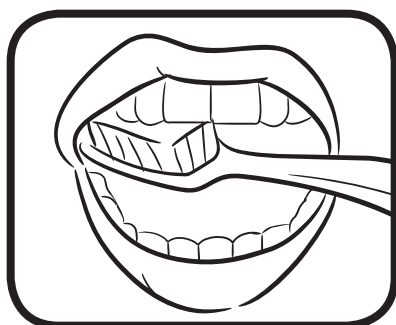


This Book Belongs To:

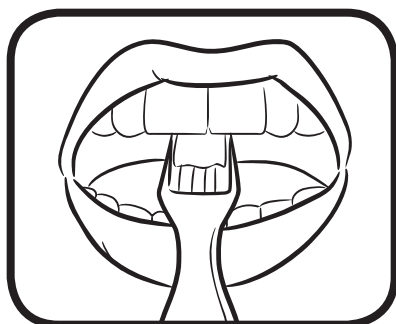
How to Brush



- Place the toothbrush at a 45-degree angle to the gums.

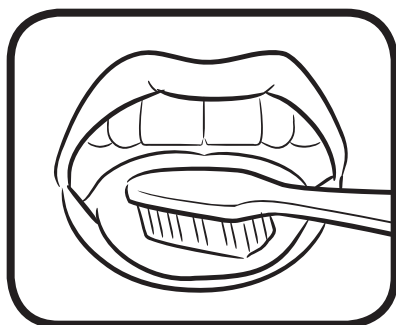


- Move the brush back and forth gently in short strokes.



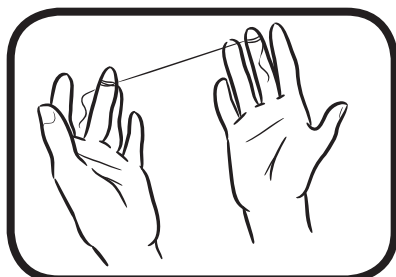
- Brush the outer surfaces, the inside surfaces and the chewing surfaces of all teeth.

- To clean the inside surface of the front teeth, tilt the brush vertically and make several up-and-down strokes.

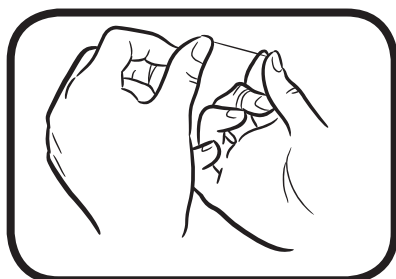


- Brush your tongue to remove bacteria and keep your breath fresh.

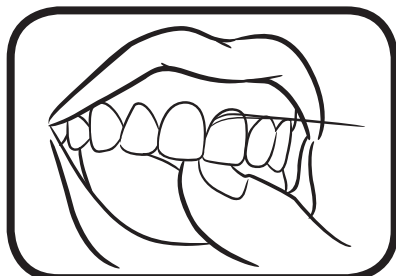
How to Floss



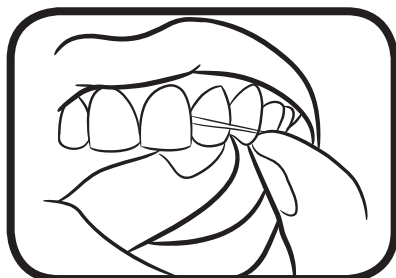
- Use about 18 inches of floss wound around one of your middle fingers, with the rest wound around the opposite middle finger.



- Hold the floss tightly between the thumbs and forefingers and gently insert it between the teeth.



- Curve the floss into a "C" shape against the side of the tooth.

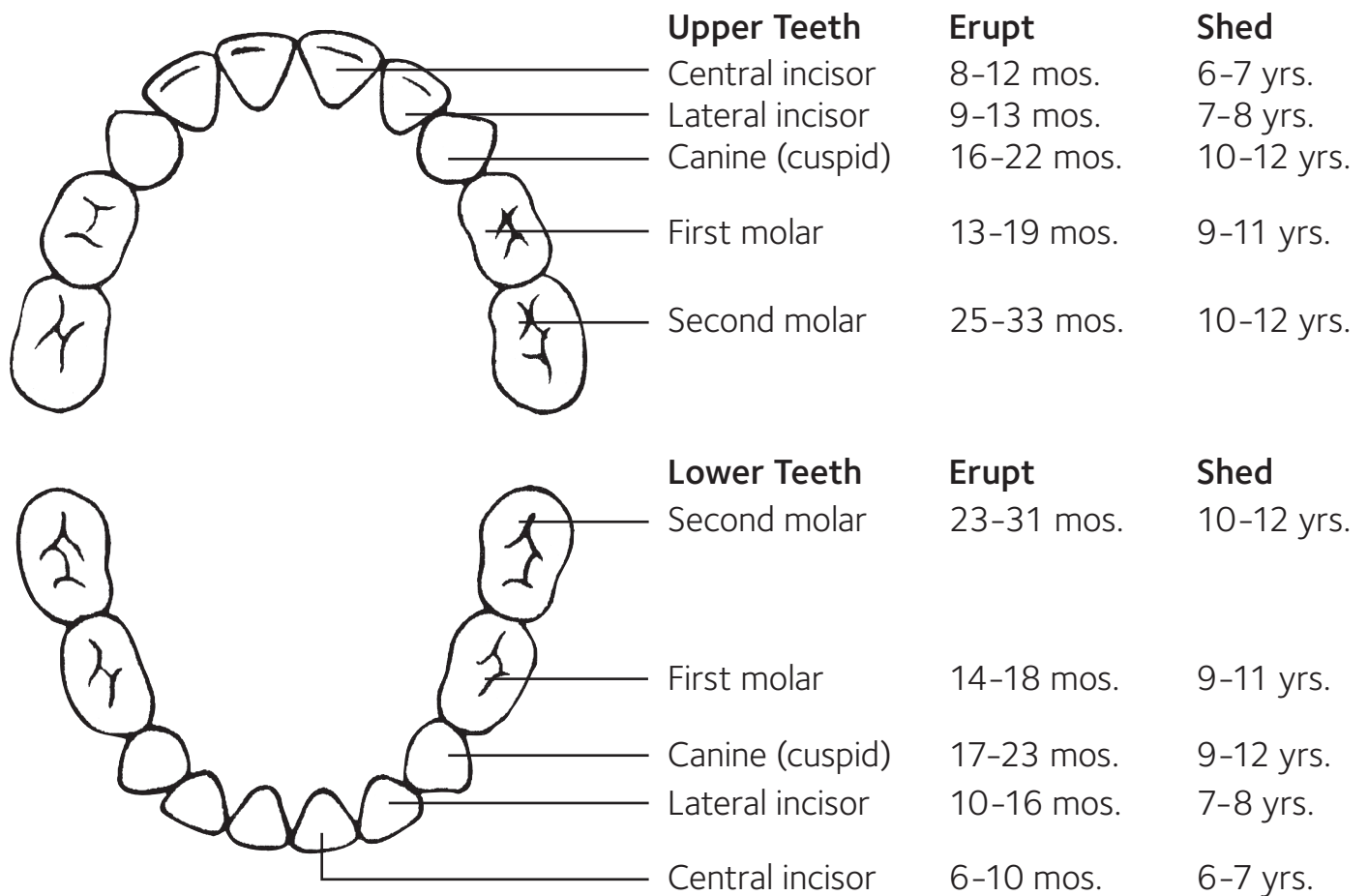


- Rub the floss gently up and down, keeping it pressed against the tooth. Don't jerk or snap the floss.



- Floss all your teeth. Don't forget to floss behind your back teeth.

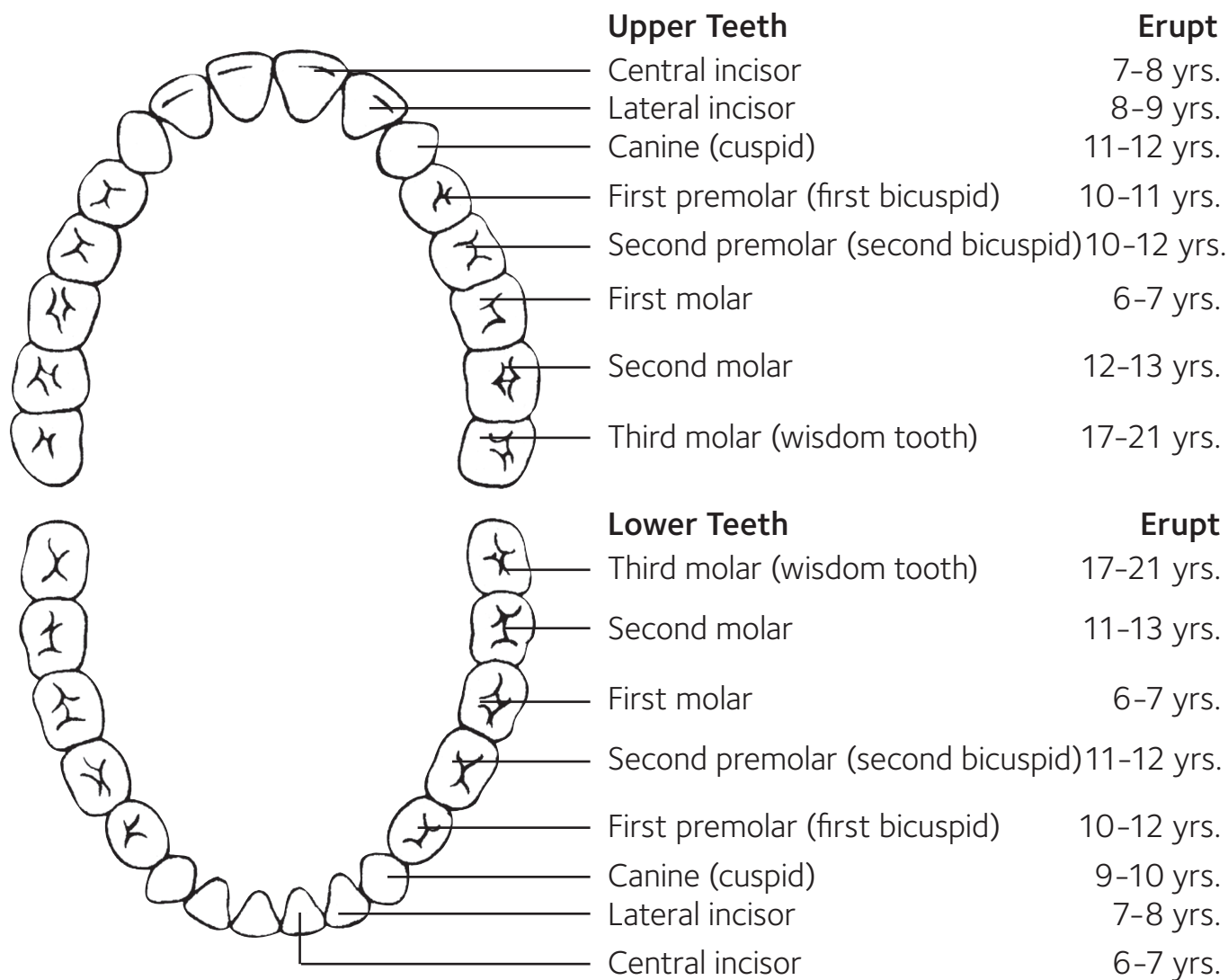
Primary Tooth Development



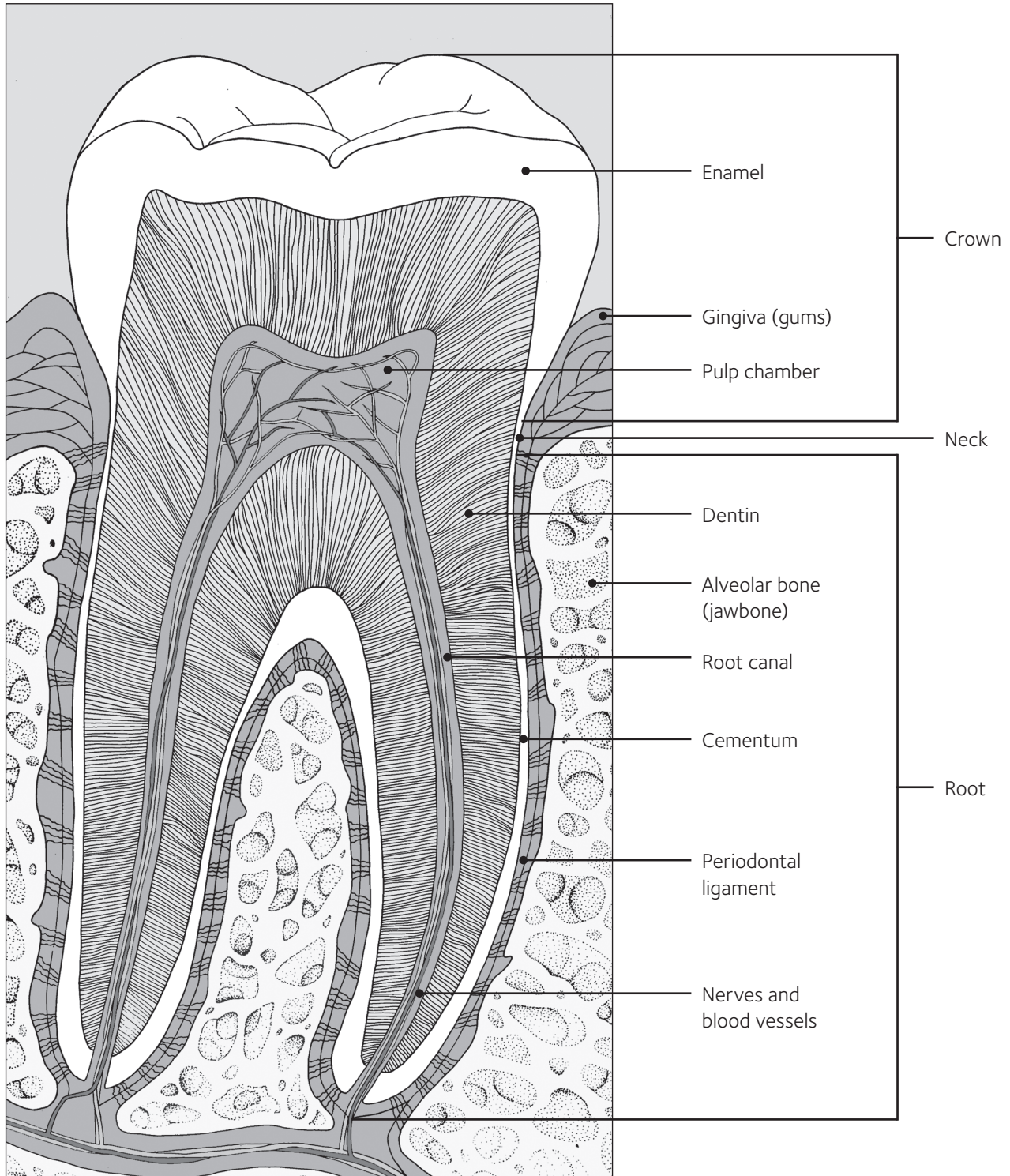
The diagram illustrates the primary teeth in both the upper and lower arches. Lines connect specific teeth to their corresponding labels in the adjacent table. The upper teeth are labeled from top to bottom: Central incisor, Lateral incisor, Canine (cuspid), First molar, and Second molar. The lower teeth are labeled from bottom to top: Central incisor, Lateral incisor, Canine (cuspid), First molar, and Second molar.

Upper Teeth		Erupt	Shed
Central incisor		8-12 mos.	6-7 yrs.
Lateral incisor		9-13 mos.	7-8 yrs.
Canine (cuspid)		16-22 mos.	10-12 yrs.
First molar		13-19 mos.	9-11 yrs.
Second molar		25-33 mos.	10-12 yrs.
Lower Teeth		Erupt	Shed
Second molar		23-31 mos.	10-12 yrs.
First molar		14-18 mos.	9-11 yrs.
Canine (cuspid)		17-23 mos.	9-12 yrs.
Lateral incisor		10-16 mos.	7-8 yrs.
Central incisor		6-10 mos.	6-7 yrs.

Permanent Tooth Development



Tooth Anatomy

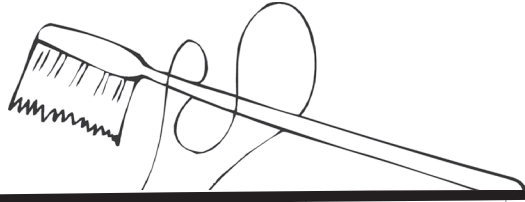




Oral Care Calendar

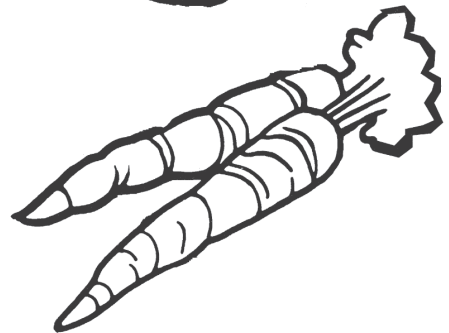
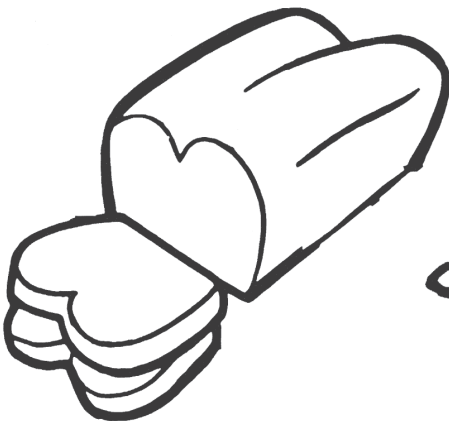
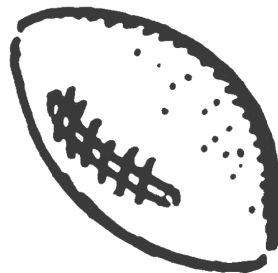
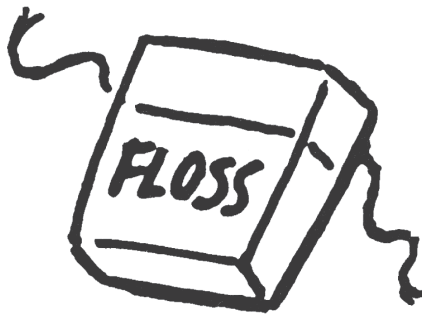
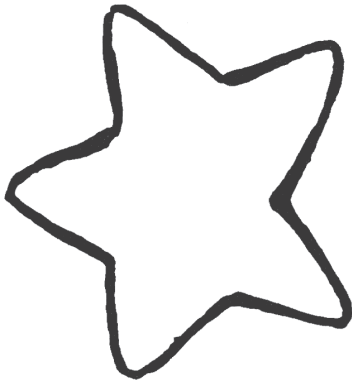
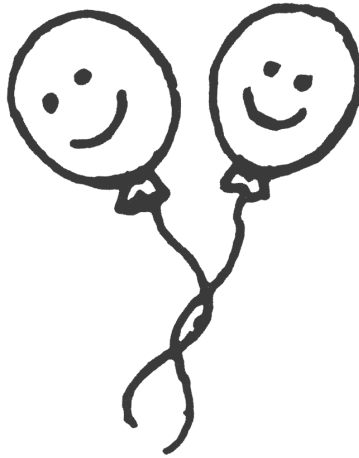
Put a happy face in the box when you brush twice each day.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Finders Keepers

Color the things that help you keep your mouth healthy.



Something's Missing

All the vowels (a, e, i, o, u) are missing from these dental words.
How many can you complete in two minutes?
(The answers are at the bottom of the page.)

a

br _ sh

c _ v _ ty

ch _ w

cl _ _ n

d _ c _ y

d _ nt _ st

fl _ ss

fl _ _ r _ d _

f _ _ d

g _ m s

j _ w s

m _ _ th

m _ _ th g _ _ rd

n _ tr _ t _ _ n

pl _ q _ _

t _ _ th br _ sh

sm _ l _

t _ _ th

t _ _ th p _ st _

X - r _ y

e



u

Answers: brush, cavity, chew, clean, decay, dentist, floss, fluoride, food, gums, jaws, mouth, mouthguard, nutrition, plaque, toothbrush, smile, tooth, toothpaste, X-ray

o

Rock Your Smile Word Search

Help Flossy find the words listed below.

Be sure to look backwards, forwards, up, down and on the diagonal!

D A S X Q H T D V J J E G
B R A C E S B S N X E P A
F I A V I U E B R V C V J
G V B U L R D A Z I Q P R
P S Q P G B Y N L P L G L
A Q P K G H R L K A G M W
B A N D G T T R Q E N I I
L K E K U O E U G N O T P
A Q U B D O E U O A S L H
Y C D E N T I S T M X V E
L B K W R T M M N E F Q X
A Y O G A I X U U L H E V
K R V R L W S G O R P F J
C P Q E O S E S B E D N A
U R I K M D S P C S P J M

TONGUE

XRAYS

DENTIST

MOUTHGUARD

BRACES

FLOSS

MOLAR

GUMS

PLAQUE

SEALANT

CROWN

TOOTHBRUSH

ENAMEL

SMILE

GUITAR

DRUM

SONG

LYRICS

BAND



**FLOSSY AWARDS THIS
HEALTHY SMILE
CERTIFICATE**

TO:

PRESENTED BY:

DATE:

